

OLD FASHIONED STYLE
PrimoHoagies

ITALIAN SPECIALTY SANDWICHES

WHOLE WHEAT WRAP

Item Name	Wgt (g)	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Abruzzi	400	840	520	58	26	0.5	115	780	44	5	2	48
American	359	660	320	36	17	0.5	145	2760	44	3	3	42
Audiablo	359	560	190	21	11	0.5	105	1580	44	3	4	51
Audie	359	560	200	23	11	0.5	105	1570	44	3	3	52
Bada Bing	482	910	370	41	15	0.5	120	1740	79	7	2	57
Bada Boom	441	1090	520	58	18	0.5	120	1690	76	4	8	56
Beef Diablo	359	600	200	22	11	0.5	100	1310	44	3	4	52
Big T	359	530	200	23	11	0.5	115	2300	44	3	3	47
Big T Diablo	359	540	190	21	11	0.5	105	2080	45	3	6	45
Bologna and Cheese	359	820	510	56	24	0.5	120	2170	46	3	5	35
Buffalo Chicken	355	970	580	65	18	0.5	180	1640	43	2	5	52
Buffalo Cutlet	459	1030	540	60	16	0.5	140	4180	75	5	2	47
Cheese Deluxe	359	950	580	65	36	0.5	160	1790	49	3	3	55
Chicken Colette	432	960	400	45	17	0.5	160	1900	75	4	2	66
Chicken Diablo	432	900	380	43	16	0.5	140	1730	78	5	4	51
Chicken Parmigiana	482	910	370	42	15	0.5	120	1920	84	6	7	54
Chicken Supremo	522	1060	480	53	24	0.5	175	1840	76	5	4	63
Corned Beef and Swiss	368	850	230	26	14	0.5	130	1790	44	3	3	60
Crusher	338	680	360	40	14	0.5	115	2330	44	2	1	54
Eggplant Parmigiana	640	1010	380	43	20	0.5	235	2450	119	11	17	44
Gianna	368	850	340	38	15	0.5	85	2560	43	3	3	55
Ham and Cheese	359	540	210	23	12	0.5	125	2750	44	3	3	43
Ham and Cheese Diablo	359	570	200	22	11	0.5	100	2300	46	3	7	41
Healthy Cheese	359	960	570	63	38	0.5	180	380	42	3	3	55
Healthy Ham and Cheese	359	570	200	22	11	0.5	100	1290	45	3	5	44
Italian	359	670	280	31	13	0.5	120	2060	46	3	5	46
Italian Diablo	359	650	270	30	13	0.5	110	2150	46	3	5	47
Italian Sausage	450	780	440	49	20	0.5	110	1890	51	5	5	30
Italian Tuna	330	600	220	24	8	0.5	110	1240	42	3	3	52
Knuckle	377	740	400	45	24	0.5	95	1640	49	3	5	40
Milano	477	930	510	57	36	0.5	170	1190	45	3	5	48
Mild Italian	359	670	280	31	13	0.5	120	2060	46	3	5	46
Mild Sharp Italian	359	670	280	31	14	0.5	120	2130	46	3	5	46
Napolitano	359	860	380	43	17	0.5	105	2510	44	3	3	55
Nellie	368	820	520	58	26	0.5	115	900	43	3	3	44
New Yorker	368	890	500	56	20	0.5	180	3370	42	3	3	55
Nonnas Veggie	518	740	240	27	12	0.5	170	1630	95	10	9	32
Old Fashioned Meatball	414	900	460	51	20	0.5	255	2690	61	3	5	48
Old Italian	359	860	370	41	16	0.5	90	2630	44	3	3	56
Old World Style Meatball	450	1020	560	62	26	0.5	285	2930	63	3	5	56
Pal Joey	296	840	470	52	25	0.5	160	2020	39	2	1	48
Pescara	393	770	330	37	15	0.5	140	1810	44	3	4	63
Pork Diablo	359	820	520	58	27	0.5	125	1100	44	3	4	41
R Special	338	740	360	40	11	0.5	125	2690	45	2	4	45
Roast Beef and Cheese	359	610	210	23	11	0.5	100	1100	44	3	4	54
Roast Beef Schwartzie	581	1270	510	57	17	0.5	125	1810	124	7	24	69
Schwartzie	445	1190	510	57	19	0.5	150	2250	65	4	23	58
Sharp Italian	359	670	280	31	14	0.5	120	2130	46	3	5	46
Sicilian	359	1060	650	72	31	0.5	255	3210	44	3	3	52
Slim T	359	510	160	18	9	0.5	95	1730	45	3	6	47
Soprano	368	520	180	20	10	0.5	100	1660	43	3	3	53
Sopressata & Sharp	359	900	520	58	24	0.5	170	2890	44	3	3	55
Sulmona	338	1130	740	82	34	0.5	245	2580	42	2	1	47
Suprimo	368	810	350	39	20	0.5	105	1860	42	3	3	49
Tavern & Swiss	359	590	220	24	12	0.5	105	1570	44	3	5	47
Tuna Delight	338	530	170	19	11	0.5	90	680	42	3	3	47
Tuna Diablo	375	770	330	37	16	0.5	150	2000	44	3	4	60
Turkey and Cheese	359	520	200	22	11	0.5	110	1840	44	3	3	51
Turkey Diablo	359	520	180	20	11	0.5	110	1860	44	3	4	49
Turkey Schwartzie	445	900	490	54	17	0.5	135	1710	65	4	23	55
Veggie Diablo	492	890	360	40	15	0.5	170	1440	93	9	11	34
Whacked Chicken	468	1070	530	58	18	0.5	125	2290	82	5	4	55
White Tuna	284	360	50	6	2.5	0.5	50	450	42	3	3	36

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Ingredients:

WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO- AND DIGLYCERIDES), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, CORN STARCH, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CALCIUM SULFATE, FUMARIC ACID, HYDROGENATED SOYBEAN OIL, MONOCALCIUM PHOSPHATE, SILICON DIOXIDE (FLOW AID), SODIUM METABISULFITE, ENZYMES.

CONTAINS WHEAT, SULFITES, SOY